

Full Report (All Nutrients) 45134694, HEALTHY CHOICE Oven Roasted Chicken Complete Meal, UNPREPARED, GTIN: 00050100408213

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: July 08, 2017 20:04 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Conagra Brands

Nutrient	Unit	Data points	Std. Error	1 Meal (323g) 323g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	239	74
Protein	g	--	--	17.99	5.57
Total lipid (fat)	g	--	--	5.01	1.55
Carbohydrate, by difference	g	--	--	30.01	9.29
Fiber, total dietary	g	--	--	3.9	1.2
Sugars, total	g	--	--	10.01	3.10
Minerals					
Calcium, Ca	mg	--	--	39	12
Iron, Fe	mg	--	--	0.71	0.22
Potassium, K	mg	--	--	610	189
Sodium, Na	mg	--	--	559	173
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	42.0	13.0
Vitamin A, IU	IU	--	--	2251	697
Lipids					
Fatty acids, total saturated	g	--	--	1.486	0.460
Fatty acids, total monounsaturated	g	--	--	2.003	0.620
Fatty acids, total polyunsaturated	g	--	--	1.001	0.310
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	55	17
Amino Acids					

Nutrient	Unit	Data points	Std. Error	1 Meal (323g) 323g	1 Value Per100 g
Other					
Ingredients					
WHITE MEAT CHICKEN PATTY IN GRAVY (WHITE MEAT CHICKEN PATTY [WHITE MEAT CHICKEN, WATER, CONTAINS 2% OR LESS OF: ISOLATED SOY PROTEIN PRODUCT {ISOLATED SOY PROTEIN, MODIFIED POTATO STARCH, CORN STARCH, CARRAGEENAN, SOY LECITHIN}, DEXTROSE, SALT, POTASSIUM CHLORIDE, FLAVORING], CHICKEN BROTH [WATER, CHICKEN BROTH POWDER {CONTAINS CHICKEN BROTH, ASCORBIC ACID}], CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SOY SAUCE [WATER, WHEAT, SOYBEANS, SALT, ALCOHOL, VINEGAR, LACTIC ACID], CHICKEN SEASONING [CONTAINS CHICKEN MEAT AND NATURAL JUICES, SALT, CHICKEN FAT, SUGAR, HYDROLYZED {CORN AND WHEAT GLUTEN, SOY} PROTEIN, DRIED WHEY, MALTODEXTRIN, YEAST EXTRACT, NATURAL FLAVORING, DISODIUM INOSINATE AND GUANYLATE, EXTRACTIVES OF TURMERIC AND ANNATTO], BUTTER [CREAM, SALT], BROWN SUGAR, MIREPOIX [WHEY POWDER, VEGETABLE FLAVOR {CONTAINS MALTODEXTRIN, VEGETABLE JUICE CONCENTRATES (CABBAGE, CAULIFLOWER)}, AUTOLYZED YEAST EXTRACT, SALT, ONION POWDER, GARLIC POWDER, NATURAL FLAVOR], DATEM, LOCUST BEAN GUM, FLAVORING, DRIED ONION, DRIED GARLIC), MASHED POTATOES (REHYDRATED POTATO FLAKES AND GRANULES [WATER, POTATOES, MONO- AND DIGLYCERIDES, DISODIUM DIHYDROGEN PYROPHOSPHATE, CITRIC ACID, SODIUM BISULFITE AND BHT], CANOLA OIL, FLAVORING [MIXED TRIGLYCERIDES, NATURAL FLAVORING, MODIFIED CORN STARCH], SALT, SUGAR, BLACK PEPPER), PEACHES (CITRIC AND ASCORBIC ACID TO RETAIN COLOR), WATER, GREEN BEANS, CARROTS, CONTAINS 2% OR LESS OF: BROWN SUGAR, CORN SYRUP, MODIFIED CORN STARCH, WHISKEY FLAVOR (WATER, WHISKEY, SALT), SPICES, CITRIC ACID. CONTAINS: MILK, SOY, WHEAT. <i>Date Available:</i> 03/09/2017 <i>Date Last Updated by Company:</i> 03/09/2017					